

## League Tennis Information

### What is league tennis?

League tennis is a team sport, which offers players of all ages and abilities to play other teams of like ages and abilities.

### What is the difference between USTA or CTA leagues?

Most leagues start with USTA, or CTA in the name. In leagues with USTA in the name, winning teams have the opportunity to advance as far as the National Championships. Winning teams in leagues with CTA in the name can advance as far as District Championships.

### How can I find out about the formats of each league?

Review the League Calendar which lists the dates for each league. The day of week and times of days for matches can be downloaded from the league calendar page for each area.

### How do I know my RATING and what NTRP level I should play?

Contact Laura Sargent to assist you with NTRP level ratings.

### What if I don't know anyone who plays tennis but I want to participate in leagues?

[Laura Sargent](#) can help players find a team or match up teams looking for players. Email her at [tennis@villageclubco.org](mailto:tennis@villageclubco.org) for assistance in finding a team.

### Once I find a team to play with, how do I sign up?

1. All adult leagues, with the exception of USTA Flex Leagues, Social Leagues and World Team Tennis, require a [USTA membership](#). Before you can register for a team, you must have a USTA member number.
2. You will also need a team number in order to register for league play. Team numbers are available from your team captain or from [Laura Sargent](#).
3. Once you have a USTA membership number and a team number you are ready to register yourself for league play. If you do not have an NTRP rating, please contact [Laura Sargent](#). She will help you self-rate for purposes of league play.

### Information distribution

Team captains will collect your email and cell phone number to contact you regarding team practices, match schedules, score reporting, and other communication.

### League Registration

League registration begins on February 1 for all leagues. Registration is done on [TennisLink Leagues](#)\*. In order to register for a team, you must have a [USTA membership](#) that is valid through the league season and a team number. [Laura Sargent](#) provides team numbers to all team captains. Team captains will provide the team number to players. Players may only play on one team within each league, except for leagues that use a "combined NTRP" format (i.e. levels that are 6.0, 7.0, 8.0, etc.).

### League rules and regulations

Most everything captains and players need to know is outlined in the national or local league regulations. These can be downloaded from the [Rules and Regulations](#) page. It is **strongly recommended** that you download and print the operating procedures for your league.

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[Laura Sargent](#) is the Director of Tennis at Village Club. Please contact her with any questions you may have regarding tennis league play at Village Club. [tennis@villageclubco.org](mailto:tennis@villageclubco.org) 303-771-8131 ext 102