



Important Swim Team Dates

Friday, May 5th: 5:45-6:45 Tryouts for new Sharks only at Thomas Jefferson HS

Saturday, May 6th: 11:30-1:30 Tryouts for new Sharks only at Thomas Jefferson HS

Friday, May 19th: 5:45-6:45 Tryouts for new Sharks only at Thomas Jefferson HS

Meet Calendar: See attached league schedule for details. Friday morning meets run June 9-July 7th. League Finals span the week of July 17 (your swimmer will know which days they will swim by July 12). Qualified State swimmers head to State Championships in Stapleton the weekend of July 28.

Field-Trip Days to Water World/Pirate's Cove + End-of-Season Banquet : **See attached calendar**

Practice Schedule, Monday-Thursdays

May 30th-June 2nd

4:30pm-5:30pm 8 & unders

5:30pm-6:30pm 9 & over

June 5th- End of Season

7am-8am 9 & up

8am-9am 8 & unders

9am-10:30am 9 & up

(Recommended practice for 11 & up)

4-5:30pm 1 practice make-up lane
(must be arranged w/coaches)

Swim Team FAQ

1.—Who can participate on the Sharks swim team?

Any member child, four years or older, who can safely and independently swim across the pool (25 yards) is welcome to join the team.

2.—What do tryouts look like?

This year, we are holding tryouts in order to ensure that *new* members to the swim team can safely swim the length of the pool without an adult in the water. Past swim team members do not need to try out. If your child is unable to successfully swim the length of the pool, the group swim lesson program will be a perfect fit for your child to prepare them for swim team in the future. Also, private lessons are available with coaches if you would prefer a more one-on-one lesson experience.

3.—What if my child cannot make their assigned practice time?

The coaching staff is very flexible and happy to work with your family to make a practice schedule that fits your needs.

4.—How much does it cost to join the team?

The swim team experience is \$295 per child. For families with more than 2 children on the team, it will be \$275 for each additional sibling swimmer up to child number 5.

1.—What does my swim team fee pay for?

Your fee covers all practices throughout the summer led by experienced coaches and staff; league membership, swim meet registration and entry fees, team bonding events throughout the summer, and a personally engraved participation trophy.

2.—Are there additional costs?

Additional costs include the end of summer banquet & team DVD. You may also choose to purchase a team swim suit, warm-ups, cap, and/or team towels.

3.—What do swim meets look like?

Regular-Season swim meets are held on Friday mornings beginning June 9, and all Sharks are encouraged to swim! Meets generally begin at 8am, with warm-up/show-up times varying between 7am and 7:30 based on whether it is a home or away meet. The meets usually finish around noon.

After the last “regular” season meet on Friday, July 7, the league then holds one optional “Last Chance” (for swimmers close to qualifying for A-Leagues or State) meet on

Wednesday, July 12. Then, the week of July 17 are “Leagues.” Your child will swim in either the B-League meet on Tuesday, July 18, or participate in the 2-day A-League meet on Wednesday, July 19-Thursday July 20, depending on their event-times.

~~4.~~ *As a parent, what can I expect?*

Parent-Volunteerism has always been pivotal to the team’s success. The team would not run without every family’s active participation throughout the season. While our paid coaching staff run the practices and are involved with every facet of every swim meet, the meets would not happen without volunteers from every club in the league. *Every family is expected to sign-up for at least 3 Volunteer shifts throughout the season, or be fined \$75 for each missed shift.* Volunteer shifts are mostly comprised of timing-shifts (not for the entire meet!), helping line-up kids in the “heating area,” set-up/clean-up, and the like. There are also options to volunteer with the Coach’s Breakfast, Year-End Banquet and the like. A Sign-Up Genius shall be sent out to all families at the beginning of the season so that you can plan.

~~5.~~ *How can members get more involved?*

Jody Llewellyn, mom of Betsy (6) and Bart (9), is the head of the Parent Ambassador Committee. The purpose of the committee is not only to organize volunteers for the season, but also to serve as a welcoming information and planning hub for season-long happenings. The committee shall take an active role in shaping the team, and act as a voice with Camille, the Board, and the Coaches. Contact Jody Llewellyn, youngjodll@gmail.com or 415-609-6697.

~~6.~~ *Is there information about the Dive Program?*

If your child is interested in the Dive Team, please contact Goca Weis, VC Board member-Swim Chair. The Dive Team is also part of Rocky Mountain Country Club League, but has completely separate practices offsite, and a different meet/League Finals schedule. Goca Weis (206-484-5945).